



Watertown Commission on Aging

Regular Meeting Agenda

DATE: Thursday, January 15, 2026
TIME: 6:30 PM
LOCATION: Watertown Town Hall, lower-level conference room
61 Echo Lake Road, Watertown, CT

This meeting will be an In-Person meeting and will also be available via Zoom in Listen Only Mode.
A Link will be posted on the day of the meeting.
Please see www.watertownct.org under the Calendar of Meeting.

- I. **Call Meeting to Order**
- II. **Roll Call**
- III. **Election of Officers**
- IV. **Public Participation**
- V. **Correspondence**
- VI. **Approval of Minutes**
 - A. December 18, 2025, Regular Meeting
- VII. **Reports**
 - A. Chairman
 - B. Parks & Recreation Director
 - C. Senior Services Coordinator/Municipal Agent
- VIII. **Old Business**
- IX. **New Business**
- X. **Adjournment**

Commissioners, please contact the Watertown Parks & Recreation Department Monday through Friday by 4:30 PM at 860-945-5246 if you are unable to attend. Thank you.

Let's COACT together! Commissions on Aging CT

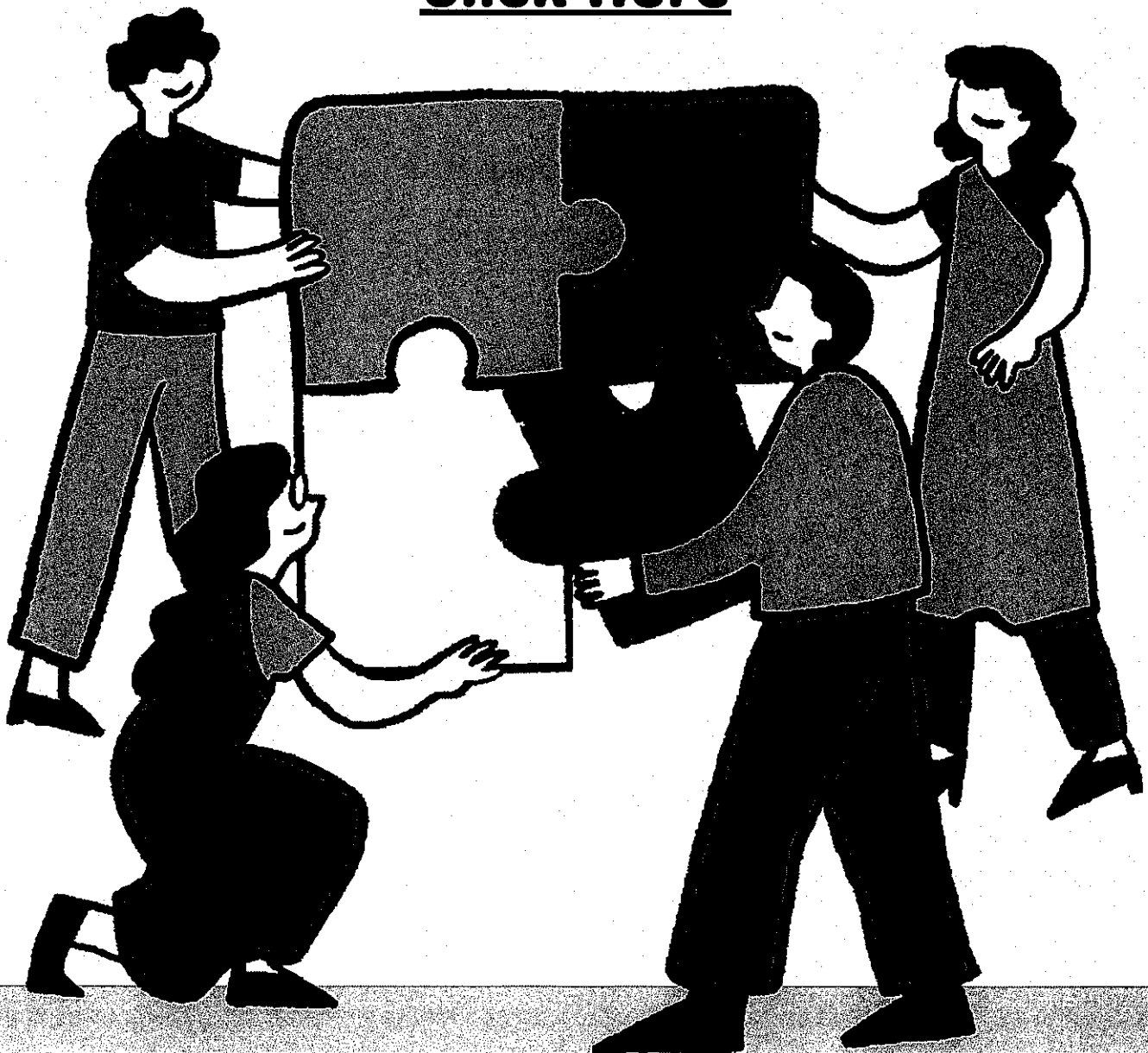
AGENDA

Date 1-15-26

Number: V

**Register for Zoom meeting
1/16/26, 3-4:30 pm**

[Click Here](#)



Waterbury, CT 06705

Phone: (203) 725-3001 Ext. 108

Email: sraymond@wcaaa.org

The Western Compass | WCAAA



**WESTERN CONNECTICUT
AREA AGENCY ON AGING**

Subject: Request for Contact Information for Your Commission on Aging Members – Upcoming COACT Webinar

Dear Municipal Agents,

I hope you are doing well. I am reaching out on behalf of the newly organized statewide group, **COACT (Commissions on Aging Connecticut)**. As you may know, this group is being formed to strengthen collaboration, communication, and shared advocacy among Commissions on Aging across the state.

We will be hosting our **inaugural statewide webinar meeting** for all Commission on Aging members on:

FRIDAY, January 16th

(Pre-registration required; invitations will be sent shortly.)

Alison Dvorak will be facilitating the session along with **Eric Rosenberg, Peter Eder, and additional colleagues**, and they want to be sure every Commission on Aging member receives the official invitation.

The group is asking that we **provide the contact information (names and email addresses) for all active members of your Commission on Aging**. This will allow us to send the pre-registration link as soon as possible.

If you would help and forward the information at your earliest convenience to ensure all participants are included in this inaugural meeting.

Thank you in advance for your assistance and partnership. The group may forward to launching COACT together and creating a strong statewide network of Commissions on Aging.

Warm regards,

Spring R. Raymond, President/CEO
Western CT Area Agency on Aging
84 Progress Lane
Waterbury, CT 06705

Phone: (203) 725-3001 Ext. 108

Email: sraymond@wcaaa.org

The Western Compass | WCAAA

AGENDA

Date: 1-15-26

Number: VIA



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

WATERTOWN TOWN HALL
FIRST FLOOR CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT
Thursday, December 18, 2025

I The meeting was called to order at 6:30 PM by Melanie Flaherty, Chair

PRESENT:

Melanie Flaherty, Chair
Cynthia Blanchard, Vice Chair
Sally Kuslis
Alan Mickel
Karen Hosking
Vacancy
Vacancy
Vacancy

ABSENT: Debra Desena

OTHERS PRESENT: Michael Ganem, Director of Parks, Recreation, Senior and Social Services

The Chair apologized for any confusion about the seating at last month's meeting of Krista Palomba. There was a discussion about different interpretations of the town's ordinance as it relates to the expiration and or a reappointment of members to the Commission on Aging.

III. Correspondence

A. Invitation from the WCAAA for the COA members to attend a webinar in January, 2026.
The date and time need to be confirmed.

IV. Public Participation

A. Non-expiring revolving accounts were explained by the Director, who cited several examples.

V. Approval of Minutes:
A. November 20, 2025, Regular Meeting

Motion by Sally, seconded by Karen Hosking, to approve the minutes of November 20, 2025

*Aye: 4 Melanie, Karen, Cythia, Sally
No: 1 Alan Mickel*

The motion passed 4-1.

VI. Reports:

A. Chairman – no report

B. Parks & Recreation Director

Michael Ganem reported:

- Please welcome our new driver, Patsy B.
- The Holiday Heat fundraiser produced by Westview Properties was a huge success
- It's an exciting time at the FASC with lots of Holiday
- Next year's first budget draft was presented on December 8, 2025, and continues to be reviewed and updated. The final proposed budget will be presented to the Town Council on March 2, 2026 at 7 pm

C. Senior Center Coordinator/Municipal Services

Laura Garay

- Provided a written report

The commissioners suggest the pool of drivers be expanded so there are substitutes available when we are short-staffed. The last grant award is a bus that does not require a CDL. Delivery of this bus is expected in late 2026.

VII. Old Business - None

VIII. New Business – there was a question about why the members of the Commission were called and asked by the Director if they inquired with a former employee of the FASC at the Woodbury Senior Center about the performance of staff at the FASC.

IX. Adjournment -

Motion: Alan Mickel seconded by Sally Kuslis to adjourn the Regular Meeting at 7:50 P.M.

The motion passed unanimously.

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk

Senior Center: Reporting for December 1- 31, 2025

- (7) **New FASC Members** came on board between December 1 - 31, 2025.
- (83) Seniors enjoyed the **Annual Watertown Police Benevolent Association Luncheon held** at Sunset Grille on December 3.
- (21) Seniors attended a **Bus Trip to the Governor's Mansion Holiday Tour in West Hartford and enjoyed lunch at San Marino Restaurant in Waterbury** on December 5.
- (20) Seniors attended a **Bus Trip to the Aqua Turf Club in Southington to enjoy a Family Style Dinner and Show of the "Holiday Classics with the Cartells"** on December 9.
- (3) Seniors attended the **Reflexology Session (25 Minutes)** on December 9 which is private pay.
- (8) Seniors enjoyed a **FREE Zumba Class by instructor "Cookie" Cuqui offered by Oak Street Health** of Waterbury on December 9.
- (8) Seniors gave of their time and talents to **Trim the FASC Tree** while enjoying hot chocolate and pizza (donated by Martino's) on December 9.
- (6) Members of the **FASC Wii Bowling Team competed in the Statewide Individual Tournament in Bristol** on December 11.
- (20) Seniors attended a **Bus Trip to Boscov's in Meriden and lunch at Paul Gregory's in Southington** on December 12.
- (7) Seniors took advantage of the **FREE Blood Pressure Clinic** offered by **NCE Home Care** on December 16.
- (83) Seniors attended the **FASC Holiday Party** featuring caroling from the Swift Middle School students, a visit from Santa, and a delicious lunch along with live music of the Boogie Boys on December 19.
- (31) Seniors attended a **Bus Trip to Kaynor Tech Café** on December 22.
- The FASC Book Club continues to meet on the fourth Tuesday of the month. The Book Club discussed **A True Story of a Christmas Miracle** written by Joanne Huist Smith on December 23.
- (63) Energy Assistance Applications have been completed to date.
- Social Service referrals continue to increase.

Planned Activities for January 2026

- **Sound Meditation on 1-9**
- **Lower Your Electric Bill on 1-13**
- **Blood Pressure Clinic on 1-20**
- **Lithuanian Luncheon on 1-23**
- **Book Club 1-27**
- **Wii Bowling Match with Rocky Hill on 1-28**

AGENDA

Date: 1-16-26

Number: 11C

Please join us in welcoming Patsy Bartoli to our organization!

Patsy has been a proud resident of Watertown since 2000 and is married with three children. He is an Army veteran. He graduated from Sacred Heart High School and UConn. Patsy brings with him an impressive 25 years of services as a State Firefighter, along with a strong commitment to public service and teamwork.

Patsy has been with us since early December and has shared how excited he is to be part of our team. We're equally excited to have him on board and look forward to the experience and dedication he brings.